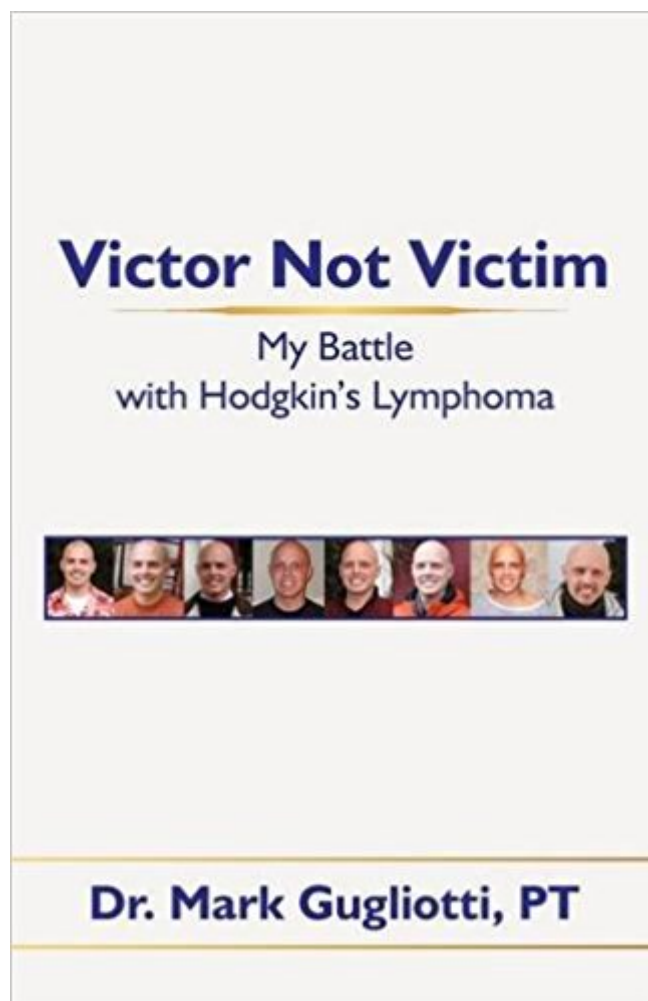


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# Victor Not Victim: My Battle With Hodgkin's Lymphoma



## Synopsis

Throughout his career in physical therapy Mark had been accustomed to helping others who depended on his expertise for their rehabilitative care. Imagine his surprise when he sought medical attention for a "nagging cough" and soon learned he had Hodgkin's Lymphoma. Now, his diagnosis forced him to rely on other experts. Victor Not Victim is Mark's personal journey of his diagnosis, treatment, and eventual resolution. It's the inspirational story of a cancer survivor told from the point of view of a medical practitioner faced, as a lay person, with the challenge of surviving a devastating illness. In this book Mark attempts to provide a unique insight to his battle with cancer. His casual style is intended to capture the same conversational tone shared with other patients he met along the way. Through his use of humor and wit, Mark is hopeful that the reader is inspired to wage their own personal war on the "doom and gloom" often associated with cancer as he describes the positive physical, mental, spiritual and emotional attitude he maintained throughout his battle to become the Victor Not Victim.

## Book Information

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## Customer Reviews

Dr. Mark Gugliotti, PT, DPT, OCS, CCES, received his initial degree in physical therapy in 1995 from the Hogeschool Enschede in The Netherlands. In addition to two post-graduate studies, he is recognized as an Orthopedic Certified Specialist by the American Board of Physical Therapy Specialists. Dr. Gugliotti has also completed additional coursework certifying him as a Cancer Exercise Specialist. He works for a local Long Island hospital in New York where he has been

assisting his patients achieve their rehabilitative needs for over ten years. Mark lives with his beloved wife, Irma in Wading River, NY.

I sent this to my best friend that is battling Hodgkins Lymphoma right now. It didn't get sent to me, so I cannot be a true judge of it. I wanted to send her something that could inform, help, and encourage her through this difficult time. This book got good reviews, so I thought I'd send it to her in the hopes that she could glean something from it. She made the comment that the author (who is a physical therapist,) had one -2 cm tumor. My poor best friend has 15 tumors, one of which is 7 cm in the same space that his one -2 cm tumor is. She said that she should write her own book. I'm sure she can someday when this awful treatment is over. But in the meantime, I hope this book can be even a little bit of hope, comfort, and strength to her when she needs it most. God bless all those that are struggling with cancer. Thank you for reading my review.

A very nice, quick read. Insightful and helpful especially for someone who has recently been diagnosed.

my mother in law loved this book

Dr. Gugliotti presents a no holds barred account of someone facing Cancer and dealing with it on his terms. His chronicle gives a detailed insight of his fight from the first moment he went to the doctor for a persistent cough, to the diagnosis of Hodgkin's Lymphoma and the ensuing battle to beat the disease. It is a well thought out presentation depicting many aspects of his struggle from the physical to his inner personal strength and support of his family and friends.

Dr. Gugliotti shares his personal journey and "Victory" over his battle with Hodgkin's Lymphoma in this easy to read, well written book. Victor Not Victim is a wonderful testament of courage, inspiration, hope, and love. Above all, Dr Gugliotti continued through his journey with a positive attitude and sense of humor. This book embodies the power of positive thinking and is an inspiration for those undergoing treatment as well as anyone touched by this disease.

Dr. Gugliotti's story of his battle with Hodgkin's Lymphoma is a true account of one man's fight with cancer and how hope, determination and love can overcome all in the trials and tribulations of life. From his first recollections of a nagging cough to the interesting dealings of radiation treatment,

Mark gives an upfront no bull account of how life really is with cancer. Anyone with cancer or close to someone with cancer needs to read this book.

Dr. Gugliotti is a testament of true faith, courage, and devotion. His overwhelming sense of trust and pride radiate off the pages of this book and you can not help but feel your own heart and emotions being abundantly filled. Dr. Gugliotti is an inspiration to any adversary and has wisely taught that through patience, unclouded judgement, hope and above all else support and love ANYTHING can be accomplished.

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